

March, 2005 was a magical day. Incredibly on that day I again walked unassisted. Although 84 years of age, I'd simply taken for granted being active and walking several miles daily. That is until that horrific day, January 3, 2004. A friend and I were taking our daily constitutional when a car suddenly struck me down. The following three months at Delray Community Hospital were times of great physical distress and considerable mental anguish.

When released from the hospital I was advised to seek "one on one" therapy rather than the traditional physical therapy route. Although highly skeptical concerning the value of such treatment, I sought out the man who'd been recommended to me. Thus began my association with Dr. Matthew Supran and his staff.

On March 5, 2004, I was rolled into Dr. Supran's facility. Still in a wheelchair and sporting bandages on both legs, I required the assistance of both my wife and an attendant to get to his office. The severe damage to my legs had left me with no quality of movement in either leg and no ability to walk or even stand on my own. After an extensive evaluation, a comprehensive treatment program, which dealt both with the body and the psyche, was initiated.

There were times, especially after developing a surgically caused infection that restricted therapy for six weeks that I was despondent. When I tended to be uncooperative, Dr. Supran and his therapist Josh Gordon, with compassionate firmness, simply wouldn't accept such an attitude. The "work" of healing continued.

The atmosphere at Dr. Supran's facility is warmly welcoming yet highly professional. After a while I actually felt as though I was going to a "friend's place" for a visit.

While the ten months of therapy were challenging to say the least, I can now:

- drive my car
- function without the assistance of an attendant
- go anywhere with the use of my four-legged cane
- walk short distances unassisted

Frequently over the fifteen months following the accident I believed I would never walk again. True, I can now only walk short distances. However, I CAN WALK.

My wife and I are thankful and truly appreciative of the efforts of Dr. Supran and his staff. Their positive attitude, their skill, and their

determined perseverance have empowered me to once again feel positive and enjoy life.